

PUMPKIN (not pie filling, real pumpkin like libbys in the can)

Can Pumpkin Help With Dog Diarrhea?

Pumpkin is a fiber-rich food that also contains important vitamins and minerals, such as vitamins A, E, and C, and potassium and iron. Plain, canned pumpkin is available year-round and can be a great addition to your canine first aid kit.

Pumpkin can ease digestion in several ways. The soluble fiber content in pumpkin adds bulk to your dog's stool by absorbing water, and fiber fermentation produces beneficial fatty acids that supply energy to cells, stimulate intestinal sodium and water absorption, and lower the pH level of the large intestines.

Fiber also acts as a prebiotic. Prebiotics are different from probiotics. They stimulate the growth or activity of these beneficial bacteria in the intestines and inhibit the growth of harmful bacteria. Fiber does this by lowering the pH level and providing the necessary nutrients these bacteria need.